

Edward the Elder Primary School – Mental Health and Wellbeing Provision Map

Social Emotional Mental Health SEMH		
Wave 1 (Quality First Teacher)	Wave 2 Group Intervention Behaviour & Emotional Leader/ mentor support	Wave 3 1:1 support Behaviour & Emotional Leader/ mentor support
<ul style="list-style-type: none"> • Clear & consistent boundaries • Use of positive behaviour rewards • Positive language and praise • EE team points reward • Merit assemblies • Wellbeing Wednesday foci • Health Champions • Calming and mindfulness strategies • Resilience and growth mindset linked to PSHE • Assembly foci • Adaptation to class layout • Worry box/ worry monsters • Time spent nurturing good relationships • Peer support at lunchtimes • Choice of indoor/outdoor and more active/calmer activities at lunch • Outdoor activity trails • Visual prompts • Music • Workstations for personal work 	<ul style="list-style-type: none"> • Behaviour plan • Home school diary • Peer support lunchtimes • Visual prompts • Time out and reflections areas <p>Group specifics</p> <ul style="list-style-type: none"> • Turn taking • Building resilience and perseverance • Team building • Social stories/ role play • Circle of friends • Mindfulness • Behaviour workshops • Lego therapy • Wild tribes 	<ul style="list-style-type: none"> • Emotional Behaviour Support plans (EBSPs) • Family support through EHA • Risk assessments • Behaviour charts • Rainbow room <p>Interventions</p> <ul style="list-style-type: none"> • Mentoring • Lego therapy • Drawing & talking • Wishes & feelings • Emotional literacy • Anger management • Anxiety strategies • Managing emotions • Bereavement support (in house) • Self esteem
<p>Waves 2 & 3</p> <ul style="list-style-type: none"> • Fortnightly meetings take place with Trust behaviour and emotional leader, headteacher and SENDCo. During these meetings, specific vulnerable pupils will be discussed and triaged to identify specific provision map support. 		<p>Support, guidance, referral and target setting from outside agencies:</p> <ul style="list-style-type: none"> • Reflexions • Base 25 • School Nurse • CAHMS • Spurgeons • Strengthening Families