

Prior Learning: In this unit children will be introduced to the Fundamental of football skills such as, moving with a ball (dribbling), kicking (passing), target games (shooting), chasing games (defending), and small sided games. Children are introduced to these skills in a fun way which will help develop motor competence and confidence. The unit also focuses on their physical development of the gross motor skills.

Key Skills

Physical Me

Kicking	Agility
Running	Balance
Dribbling	Co-ordination
Passing	Jumping
Hopping	Skiping

Value Me:

- Determination
Try, Try, Try again!

Thinking Me

- To make decisions
in a game

Social Me

- Taking turns
- Listening
- Teamwork



Key Vocabulary

Forward

Look

Balance

Close

Move

Around

Safe

Key Knowledge

Moving with the ball- Small touches, keep the ball close to you.

Passing/kicking the ball: 'Toe, toe, toe- No, No, No!'

Look - When moving around an area, make sure you look up a and look out for your friends.

Safe- Make sure that when you move, you find a safe space to move in to.

Physical Development

Gross Motor Skills ELG

Negotiate space and obstacles safely; with consideration for themselves and others.

Demonstrate strength, balance and co-ordination.

Move energetically, such as running, jumping, hopping, skipping and dancing.